



PRO PANJA LEAGUE REGULATIONS

SEASON 2

August 5th-21st 2025

Following are the guidelines for the framework of the second season of the Pro Panja League:

1. Each day will have FOUR hours of live streaming. Two hours (5-7pm) exclusively on OTT (Under Card) and two hours (7-9pm) on both Broadcast and OTT (Main Card)

2. Each day for the first 15 days 4 teams will play everyday.
3. First hour two teams will play against each other and after 5 minutes turn over time 2 other teams will play each other for the Under Card. Same will be repeated for Main Card.
4. Each one hour fixture between two teams will consist of three matches each being best of 3 rounds for Under Card and best of 5 for Main Card.
5. Each team will pick one weight category for that fixture, the third weight category will be fixed by the center. Teams will have to announce their choice of weight category and player for that weight category as per schedule given by Franchisor.
6. Main Card : Points will be counted for every win on either side. Match will stop when one side wins 3 rounds. 2 point bonus will be given for 3-0 win.
7. Under Card: One point for every round win. Last year one point was given for whole match win...this year it has changed...**please note**.
8. Each side will be given one Challenge Round for every fixture but only in Main Card and **Challenge Round can only be called in first round of every match**. Challenge round will be if the player challenging the opponent can defeat them in **7 seconds** then they will get 5 bonus points. Conversely if they don't manage to then the opponent will get 5 bonus points. The same match will still go on till one team wins 3 rounds. If the player wins the challenge round, they get the bonus points and it counts as a round win. If the player wins the round but loses the challenge then they still get 1 point for winning the round but challenge points (5) will go to the opponent. All Challenge rounds will be strap matches.
9. The League also reserves the right to change the point system for the prelims by duly informing the Franchisees/Team Owners.
10. At the end of the 15 days, the top 4 teams by points will go into the semi finals. Both Under card and Main card semi finals to have 4 matches each with point system remaining the same as prelims. In case of tie then tie break will be played with 5 matches, each of the matches being one round each. 2 Male, 2 Female and 1 specially abled. For ex: Each team will give the name of two male players, the lower weight of one team will play the lower weight of other team. For ex: In 2023 semi finals between Kiraak Hyderabad and Rohtak Rowdies, Stewe Thomas(70kgs Hyderabad) played Dara Singh Handa (100kgs Rohtak) and Ali Asker (80kgs Hyderabad) played Sanjay Deswal (100kgs+ Rohtak). Same will be for female players.
11. The two winning semi finalists will go into the Finals where there will be four matches in under card and 6 matches in Main card, all in the same format as prelims. Both

teams will get to pick two weight categories each for under card and rest will play in main card. In case of tie then tie break will be played in same format as semi finals.

12. For all fixtures the center will pick the order of the matches.

13. If any match in prelims goes over time and less time is available for the final match of the day for live stream, then the final match will start with both teams on 1-1 and the final best of three matches will be played with one team needing to win another two matches.

14. Weigh-ins take place 3-4 days before the first day of League. Every player will get a maximum of 500 gms allowance.

15. Any player not making weight can get an extension of Three hours to make weight.

16. Any player not making weight can be replaced by another player by a team within one day who will have to weigh in within that one day.

17. After the end of the first fixture...5 minute turn around time will immediately begin...whether one hour has finished or not...and the second fixture will start...any accumulated total free time after the second fixture will be used for commentary and guests etc

18. Any player can play a maximum of 5 matches in prelims.

19. If any player has an injury or claims to have an injury then there is a minimum 5 day mandatory rest period before the player will be eligible to play again. Once the Final prelim day matches are fixed, they cannot be changed. **If at the time of fixing match, player does not have any other match already fixed inbetween then he cannot claim injury. In such case player cannot be replaced by walk over will be given. (IMPORTANT NOTE)**

20. Rule for Walkover: Any player who comes to table and then gives up match before getting a point, then the other team will get the full 5 points. If the other team has called for a Challenge round (after getting to table) and then other team player forfeits, the team having called Challenge Round will get 10 points.

21. Team Dug out's can only have 9 players per team plus manager at any given point of time. List of players in dug out must be given at least evening prior.

22. Phones are strictly prohibited in the team dug out's.

23. Any team found to be asking/signaling players in audience or any other player/official whether to ask for 'review' will be docked 10 points. Responsibility for this falls on Team . **Any player/team official found indulging in this will be also be immediately removed from the premises, sent back home and banned for three years.**

24. Any player found to not be putting 'full effort' into winning match or just giving 'hand' to other player, that player's team will be docked 5 points penalty.

25. All matches will be fixed three days prior to playing of the fixture except for first 5 days matches which will be fixed 7-10 days before to be able to promote the first 5 days properly. For ex: for fixture on the 15th, matches will be fixed on the 12th and teams will need to announce their selections maximum by 11am on that day itself (in this case 12th).

26. Any referee decision/review once confirmed by referee /third referee cannot be appealed or overturned in appeal by Franchisee. However Franchisee can lodge complaint against referee with PPL Commissioner.